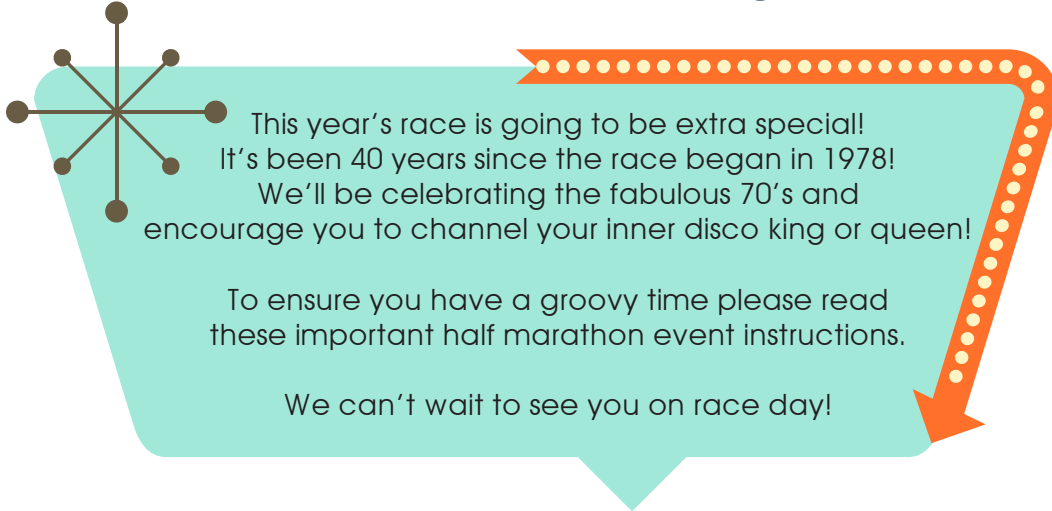


40TH ANNUAL

AMERICA'S FINEST CITY

HALF MARATHON



HALF MARATHON SHUTTLE AND START SUNDAY, AUGUST 20

Shuttles to start line (Balboa Park to Cabrillo National Monument).....	4 to 5:30 a.m.
Start (Cabrillo National Monument)	6:30 a.m.

START LINE SHUTTLES

You must display your 2017 AFC Half Marathon bib and use the event-provided shuttles from Balboa Park (Park Boulevard at Presidents Way or Park Blvd. at Zoo Place) to get to the start line. Shuttles begin at 4 a.m. and the last shuttle will depart Balboa Park at 5:30 a.m. **Please note shuttles are the only way to access the start line.* There are no participant drop offs allowed at or near the start line nor will vehicles, pedestrians, or bicycles be allowed past the security gate at the entrance to Fort Rosecrans/Cabrillo National Park. Plan accordingly and allow at least 30 minutes for parking and shuttle boarding. Also, please note that restrooms will not be available for use on the shuttle busses taking participants to the start.**

* If you're staying at the host hotel, the Sheraton San Diego Hotel & Marina, your room package includes shuttle transportation from the Sheraton to the start area and returns to the Sheraton after the finish from Balboa Park.

AFC FITNESS EXPO

Sheraton San Diego Hotel & Marina Pavilion | 1380 Harbor Island Drive, San Diego, CA 92101

Free expo parking will be located in the dirt lot just before the hotel entrance on the west side of Harbor Drive. Paid parking will be available in the hotel's main parking lot. **Please note that pets are not allowed at the expo.**

Friday, August 18..... 12 p.m. to 6 p.m.

Saturday, August 19..... 10 a.m. to 5 p.m.

OFFICIAL RACE MERCHANDISE

Look for a great lineup of America's Finest City Half Marathon and Half Marathon Triple Crown souvenirs available for purchase at the expo and in the post-race festival. Choose from a selection of high-quality, stylish apparel in a variety of colors and styles.

EXPO BIB NUMBER AND SHIRT PICKUP

You must present your photo ID to pick up your bib number. If you cannot attend the expo someone can pick up your items for you with a copy of your photo ID. While we do all we can to ensure you receive the shirt size requested, we cannot make any guarantees. The back of your bib number has space to list your emergency contact, please be sure to complete this information prior to race day.

RACE DAY BIB NUMBER AND SHIRT PICKUP

If you're unable to attend the expo and need to pick up your bib on race day, and didn't select the "Race Day Bib Number Pickup Convenience" option during your registration and pay the \$20 fee, you can pay the fee and pick up your bib on race morning in the middle of the finish line festival area starting at 4 a.m. (cash or credit card will be accepted).

RACE TRANSFER

You can participate in the 5K instead of the half marathon, just keep your same half marathon bib and go to the 5K start at 6:15 in Balboa Park in front of the Hall of Champions. There is no need to do anything to switch to the 5K and no refund for the price difference.

TIMING & LIVE TRACKING

Your bib will have your B-tag timing strip, which stays affixed and is read by radio frequency. We offer live tracking so friends and family can follow your race. On race day, look for the live tracking link on the www.afchalf.com.

DIRECTIONS TO BALBOA PARK

Southbound from I-5: Take the 10th Avenue exit off I-5. Turn left on A Street and left again on Park Boulevard.

Northbound from I-5: Take the Pershing Drive/B Street exit off I-5 to Pershing Drive. Take Pershing and then turn left on Florida Drive. Turn left on Zoo Place and left on Park Boulevard.

Southbound from Highway 163: Take the Park Boulevard exit off Highway 163. Turn left on Park Boulevard.

START LINE STAGING

Remain in the Cabrillo National Monument parking lot until instructed to enter the start line staging area. When staging look for signs in the start line area and line up according to your anticipated pace.

GEAR CHECK

Check your gear in the start line staging area located along the sidewalk on the far east side of Cabrillo National Monument parking lot (behind the portable toilets). Your gear must fit in one event-supplied 15" x 12" plastic bag. Backpacks and duffle bags will not be accepted. Don't check valuables, the event is not responsible for lost or stolen items. Bags must be claimed after the race in the finish line festival area at Balboa Park.

CABRILLO NATIONAL MONUMENT SPECIAL NOTICE

As guests of the National Park Service, we need your complete cooperation on two matters:

1. While at the Cabrillo National Monument, only use sidewalks, and please stay off all planted areas.
2. Use only the race-provided restroom facilities (portable facilities available in the parking lot).

Park rangers will be onsite and may issue citations to persons found not in compliance with these requests. We are guests of the National Park Service and continued use of the area for the Half Marathon is dependent upon your cooperation.

COURSE TIME LIMIT

There's a 3-hour time limit (based on chip time) to complete the race (13:44-minute-per-mile-pace). Participants not reaching North Harbor Drive and Harbor Island Drive (6.3 miles) by 90 minutes after the race starts, won't be permitted to do the Harbor Island section of the course (approximately 2 miles) and will instead be directed to continue on the route to the finish line. The time limit ensures the health and safety of participants as the public roadways must be opened to normal traffic at specified times. Participants exceeding the time limit pace may be asked by race staff or San Diego Police Department personnel to take a shuttle van to the finish.

COURSE SUPPORT STATIONS

Water will be served at the support stations located approximately every mile starting at mile 2. Grape Ultima will also be served at approximately miles 4, 5, 8, 10, 11 and 12. Portable toilets will be located at each of the above support stations. In respect of our nation's veterans, DO NOT STOP IN THE FIRST 2 MILES ALONG THE FORT ROSECRANS NATIONAL CEMETERY.

TROLLEY CROSSINGS

The course crosses the trolley tracks at Broadway and Kettner (11 miles) and India and 'C' Streets. Later runners may have to wait for 20 to 30 seconds to allow the trolley to pass. DO NOT CROSS THE TROLLEY TRACKS IF THE GATES ARE DOWN - you'll be disqualified. PLEASE OBEY THE DIRECTIONS OF THE TROLLEY PERSONNEL STATIONED AT THE CROSSINGS. Times are not adjusted for trolley stops.

MEDICAL

There will be a medical tent just beyond the finish line and another one along with self-serve ice in the finish line festival area. If you experience a medical problem on the course, call 911 if necessary or go to the nearest course water station where a medical representative will be called to assist you. If you are unable to finish the race, transportation back to the finish can be called for you from every on-course support station. Race Guards trained in CPR and first aid will also be out on the course.

DISCARDED CLOTHING AND COURSE TRASH

Dispose of any trash and recycling in provided containers at the course water stations. If you must discard any clothing items along the route, do so only in available trash cans or at the course water station where all collected clothing items will be donated to local shelters.

HALF MARATHON TRIPLE CROWNSM

Participants who are eligible for the special Half Marathon Triple Crown medal for completing the 2017 Tri-City Medical Center Carlsbad Full or Half Marathon, La Jolla Half Marathon and America's Finest City Half Marathon receive their medal from the Triple Crown booth located just inside the finish line festival area. After you're presented your Triple Crown medal, be sure to get your well-earned free grilled shrimp taco from Rubio's Coastal Grill who will be preparing them next to the Triple Crown tent.

BEER GARDEN

NEW THIS YEAR! Registered participants over the age of 21 and displaying their bib number and proper ID are invited to visit the beer garden in the finish line festival to receive a complimentary Ballast Point beer (limited to one per person while supplies last).

RESULTS

Results will be posted in the post-race festival area and will also be available online after the race at www.afchalf.com.

MASSAGES

Rehab United will be offering post-event massages at the finish line festival. Log on [here](#) to prepay for your massage and receive front-of-the-line privileges on race day.

FREE TACO OFFER

Rubio's Coastal Grill is offering registered participants a free taco. See your bib number for coupon and additional offer details.

RANCHO LA PUERTA SWEEPSTAKES

Click [here](#) to register for your chance to win a 4-day luxury stay for two at this spectacular resort!

OFFICIAL EVENT PHOTOS

MarathonFoto will be stationed on the course and in the finish line area. View pictures by logging on to www.marathonfoto.com after the race. We cannot guarantee every participant will be photographed.

AWARDS

There will be a brief awards ceremony for the half marathon beginning at 8:50 a.m. to present the top three overall male and female finishers with their awards. Awards will be mailed to the top three male and female finishers in the following age groups approximately two weeks following the event: 17 & under, 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79 and 80+.

HEAT ADVISORY

It may be very warm on race day. Be sure to hydrate before, during and after your race.

FINISHER CERTIFICATES

Downloadable finisher certificates will be available approximately 2 to 3 weeks after the race. MarathonFoto will host this link on your individual photo page. Watch for more announcements when the photos go live.

PARTICIPATE WITH YOUR FAMILY AND FRIENDS

Encourage family and friends to join you in this fun event! They can either register for the race or become a volunteer. Remind them that participants receive a groovy, spinning disco ball medal and volunteers receive a cool tie-dyed volunteer shirt for their support. Log on to www.afchalf.com to learn more and register to race or volunteer.

GOT QUESTIONS?

We've got answers! Call (760) 692-2900, email info@inmotionevents.com, or visit the information booth at the expo.

THANK YOU SPONSORS AND PARTNERS



#AFCHALFMARATHON